



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



Class Meets at  
Marietta Family YMCA-  
New Site Broughton  
Complex 1  
635-B State Route 821  
Marietta, OH 45750

# Marietta Family YMCA

## Youth Running League

Ages: 3<sup>rd</sup> – 8<sup>th</sup> Grade (no parent/ adult needed)  
K-2<sup>nd</sup> grade w/a parent/ adult to run with them  
Dates: March 17, 2020 – May 21, 2020 (Tuesday & Thursday 5:30 to 6:30 pm)  
Fee: \$80.00

### Registration Deadline: March 6, 2020

May 23, 2020-Sternwheel 5K included in fee

**Running Experience:** Beginner / Intermediate / Advanced

**T-shirt size for Participant** (youth and adult sizes)

YS YM YL AS AM AL AXL

### Club Sponsorship Opportunities:

I/ My Company would like to sponsor the Youth Running Club for (circle one)  
\$250.00 for Large Logo and Company Name **OR** \$100.00 for Company name

Contact Name / Company Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ ZIP: \_\_\_\_\_

Payment Enclosed: \_\_\_\_\_ Invoice Me/ My Company: \_\_\_\_\_

## For more information, call the Y at 740-336-1041

The Marietta Y Youth Running Club will work on good running technique, proper warm up and cool down, and learn about nutrition and hydration as it relates to running and overall health. The club will work as a team while runners work on their own self-improvement. The goal of the session is for each runner to enjoy running and to complete a 5k race. The club will meet at various locations throughout Marietta including the downtown bike trail, Marietta Middle School track and several trail running locations. All levels of runners are welcome!

**Waiver must be signed by participant or guardian before you can participate!**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Guardian: \_\_\_\_\_

**INFORMATION CONSENT & RELEASE STATEMENT** "In consideration of my participation in the activities of the Young Men's Christian Association – Marietta Family YMCA, I do hereby declare myself to be medically able to participate in the activities of the YMCA – Marietta Family YMCA. (I understand that there are risks involved in all physical activities and I agree to familiarize myself with all equipment, facilities, rules and physical demands related to the activities I undertake). I agree to hold free from any and all liability the YMCA – Marietta Family YMCA and its respective officers, employees, members, volunteers, and sponsors and do hereby for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for damages which I may have or which may hereafter accrue to me arising out of or connected with my participation in any of the activities of the YMCA – Marietta Family YMCA." I agree that my consent and this release are irrevocable. I hereby release and discharge The Marietta Family YMCA, YMCA of the USA and third parties collaborating with The Marietta Family YMCA and/or YMCA of the USA from any and all claims in connection with the uses and reproductions of any video film, footage, sound track recordings and photo reproductions of me and/or my narrative account of my experience Marietta Family YMCA.

**Adult Participant or Parent Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**Mail form with payment to 1303 1/2 Colegate Drive, Marietta, OH 45750**

**or drop off at Broughton Location 635-B State Route 821, Marietta, OH, 45750**