



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Marietta Family YMCA

Limited space available

\$45.00 for 6-week course starts Saturday March 14, 2020

Women’s self-defense 10:00AM -10:45 AM

6-9 age group- Bully busters 12:15PM-1:00PM

10-14 age group-school related situations 11:30AM -12:15PM

15- older age group 10:45AM-11:30AM-mature situations

All classes will be held at
Marietta Family YMCA- New Site
Broughton Complex 1
635-B State Route 821
Marietta, OH 45750

Instructors are Craig and Luvia Hernandez

For more information, call the Y at 740-336-1041

Waiver must be signed by participant or guardian before you can participate!

Name: _____

Age: _____ DOB: ____/____/____

Address: _____

Phone: _____ Guardian: _____

INFORMATION CONSENT & RELEASE STATEMENT

“In consideration of my participation in the activities of the Young Men’s Christian Association – Marietta Family YMCA, I do hereby declare myself to be medically able to participate in the activities of the YMCA – Marietta Family YMCA. (I understand that there are risks involved in all physical activities and I agree to familiarize myself with all equipment, facilities, rules and physical demands related to the activities I undertake). I agree to hold free from any and all liability the YMCA – Marietta Family YMCA and its respective officers, employees, members, volunteers, and sponsors and do hereby for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for damages which I may have or which may hereafter accrue to me arising out of or connected with my participation in any of the activities of the YMCA – Marietta Family YMCA.” I agree that my consent and this release are irrevocable. I hereby release and discharge The Marietta Family YMCA, YMCA of the USA and third parties collaborating with The Marietta Family YMCA and/or YMCA of the USA from any and all claims in connection with the uses and reproductions of any video film, footage, sound track recordings and photo reproductions of me and/or my narrative account of my experience Marietta Family YMCA.

Adult Participant or Parent Signature _____ **Date** _____